

FOR IMMEDIATE RELEASE

Belleville Public Library Awarded Fitbit Kits to Support Healthy Living



Belleville, Ill. – March 5, 2020 – The Belleville Public Library has been awarded “Resolve to Stay Active: A Fitbit Kit for Your Community” by the National Network of Libraries of Medicine (NNLM).

The award supports public libraries or other community organizations which serve populations that are underrepresented in biomedical research in providing access to health technology and consumer health resources.

“While interest in health-related programs and services has increased, many libraries and other community organizations lack adequate funding to provide health related materials. The Resolve to Stay Active Fitbit Kits will lower barriers to providing health-related programs and outreach in public libraries and other community organizations,” according to the NNLM website.

With the award, the library will receive 20 Fitbits and will work with community organizations to implement a multi-week health related program, loaning participants the wearable fitness tracker while providing access to health literacy resources. So far, students at Central Junior High School in Belleville will participate in the program.

For more information, contact Director of Library Leander Spearman at lspearman@belleville.net or 618-234-0441, x 6113.

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The City of Belleville, Illinois, incorporated in 1814, is the St. Clair County seat and the largest city in southern Illinois. With a current population of 44,478 (2010), Belleville is home to the longest contiguous main street in the United States, excellent education and healthcare organizations, and thriving businesses and neighborhoods, including three National Historic Districts. Mayor Mark Eckert runs the municipal government along with elected officials including City Clerk Jennifer Gain Meyer, Treasurer Dean Hardt, and 16 aldermen representing eight city wards. The vision for the City of Belleville is one where all sectors of the community work together to help the city grow and prosper and to become a model for other communities to follow.