

Belleville Parks & Recreation Department presents...



2019 Fall Co-Rec Football League

Flag football is a growing alternative to full contact football that teaches basic skills and concepts of the game without the risk of injury. Our flag football program is designed to introduce young athletes to the game while providing a safe environment for growing in the sport. Patterned after regular football, teams run or pass the ball down the field in order to score a touchdown. The primary difference in flag football is that it is a “no contact” game. Instead of tackling the ball carrier, defensive players try to pull the flags off the ball carrier’s belt. It’s the perfect game for boys and girls ages 6 to 11. If your child wants to play football, why risk the injury? Make it flag football instead!

 **NO EXPERIENCE NEEDED** ~ **SEASON RUNS 6 WEEKS BEGINNING IN SEPTEMBER** 

MEET DAYS ARE ON SATURDAYS  **PRACTICES AND GAMES ARE ON THE SAME DAY**

 **TEAMS WILL HAVE A 30 MIN PRACTICE FOLLOWED BY A 50 MINUTE GAME** 

TEAMS ARE COACHED BY PARENT VOLUNTEERS  **WE STRIVE FOR EQUAL PLAYING TIME**

 **ALL EQUIPMENT PROVIDED** ~ **TEAM SIZES ARE 6 MIN. /12 MAX.** 

INDIVIDUAL REGISTRATION WELCOME  **TEAM REGISTRATION WELCOME**

REGISTER TODAY TO JOIN THE FUN! **SEASON BEGINS IN SEPTEMBER!**

AGES: 6 - 8 & 9 - 11 Years Old (1st—6th grade) 2019/20 school year

COST: \$70 per player (Includes 5 games & team jersey)

DAY: Saturdays

DATES: September 28 - November 2

LOCATION: Laderman Park, 1105 Mascoutah Ave.

MEET INFO:	<u>DAY</u>	<u>TIMES</u>	<u>LOCATION</u>
	SATURDAYS	BETWEEN 1PM & 6PM	LADERMAN PARK



Inclement weather cancellation hotline #: 618-233-PARK(7275)

Schedules will be posted on www.teamsideline.com/belleville

WAYS TO REGISTER

MAIL IN - 510 WEST MAIN STREET, BELLEVILLE, IL 62220

WALK IN - 510 WEST MAIN STREET, BELLEVILLE, IL 62220 (M - F 8AM - 4:30PM)

CALL IN - 618-233-1416 (MAIN OFFICE) 618-277-9785 (NCC)

FAX - 618-233-1449

ONLINE - WWW.BELLEVILLE.NET/CURRENTACTIVITIES



BELLEVILLE PARKS & RECREATION DEPARTMENT

2019 REGISTRATION FORM

BOYS & GIRLS FLAG FOOTBALL LEAGUE



PLEASE FILL OUT COMPLETELY - PRINT CLEARLY

PARTICIPANT NAME: _____

ADDRESS: _____ CITY: _____

STATE: _____ ZIP CODE: _____ AGE: _____ BIRTH DATE: ____/____/____

SHIRT SIZE (CIRCLE): YS YM YL AS AM GENDER: MALE OR FEMALE

SCHOOL: _____ GRADE: (FALL 2019): _____

PARENT/GUARDIAN NAME: _____ RELATIONSHIP: _____

PHONE: _____ EMAIL: _____

PARENT/GUARDIAN NAME: _____ RELATIONSHIP: _____

PHONE: _____ EMAIL: _____

CREDIT CARD #: _____ EXP. DATE: ____/____ CVV _____

MAKE CHECKS PAYABLE TO: BELLEVILLE PARKS & RECREATION DEPARTMENT



HEAD COACH will be reimbursed 50% in October, following the end of the season. Head Coaches must coach the entire season and must be in good standing with the league. If you would like to be a Coach please fill out the information below:

I would like to be a Volunteer Coach (circle): Head Coach or Assistant Coach

NAME: _____ PHONE: _____

CLIP THIS SECTION AS YOUR REMINDER

2019 Co-Rec NFL Flag Football League

FIRST MEET: SATURDAY, SEPTEMBER 28, 2019

Laderman Park
1105 Mascoutah Ave
Belleville, IL 62220



Don't forget your sunscreen and water !