

PROGRAM:
Adult Recreational
Volleyball Leagues



OBJECTIVE:

It is the philosophy of the Belleville Parks & Recreation Department to provide fun and safe recreational activities for all ages. The objective of this program is to offer a game of volleyball to those who are interested to further community socialization, sportsmanship, fair play, and the recreational nature intended for a league.

Dear Participant,

Thank you for your participation in Belleville Parks & Recreation's Adult Recreational Volleyball Leagues! In this packet you will find all the information needed to participate in this program.

Our office will provide information about League standings at: www.teamsideline.com/belleville. Inclement Weather: Recorded game cancellation information can be found at: 618-233-7275 (PARK.) For all other City information, please visit the City website at: www.belleville.net.

If you have any program questions during regular office hours, please feel free to contact:

Pat Minogue, Superintendent of Recreation
Phone: (618) 233-1416 Ext. 2289
Email: pminogue@belleville.net

*Belleville Parks & Recreation Department
510 West Main Street,
Belleville, IL, 62220
Office hours: Monday-Friday, 8:00am - 4:30pm*

BELLEVILLE PARKS & RECREATION
ADULT RECREATIONAL VOLLEYBALL LEAGUES
INFORMATIONAL PACKET

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LEAGUES & LOCATIONS:

Women's League: **Monday** – Union Elementary School, 20 S. 27th St.
Wednesday – Roosevelt Elementary School, 700 W. Cleveland Ave.

Co-Rec League: **Thursday** – Westhaven Elementary School, 118 Westhaven School Rd.

FEES:

LEAGUE FEE: \$225.00 - **DEADLINE DATE:** Thursday, December 19, 2019
DEPOSIT FEE: \$50.00

Each team must pay their **LEAGUE FEE** of \$225.00. League fee deadline date to be PAID IN FULL by **Thursday, December 19, 2019**. If the league fee is not paid by the deadline date, that team may be dropped from the league. Participation in the league is contingent upon payment in full of the league fees.

RETURNING TEAMS: All RETURNING teams are guaranteed placement in a specific league by submitting a **DEPOSIT FEE** of \$50.00, along with a completed roster before **December 6, 2019**.

EARLY BIRD SPECIAL - \$10 OFF LEAGUE FEE IF PAID IN FULL BY DECEMBER 6, 2019.

If the league fee is not paid by the deadline date, that team may be dropped from the league. Participation in the league is contingent upon payment in full of the league fees.

NEW TEAMS: Beginning on **Monday, December 9, 2019**, all NEW teams wanting to play in the Belleville Parks & Recreation Volleyball leagues will be taken on a first come-first serve basis by submitting a \$50.00 deposit and completed roster until leagues are full.

Fees can be paid by cash, check, or any debit/credit card. There will be **NO** team refunds after the schedule has been printed!

LEAGUE PLAY DATES & GAME TIMES:

League play begins **early January**. Games will be played at 7:00, 8:00 and 9:00 P.M. or 6:15, 7:15, 8:15 and 9:15 (depending on the number of teams per league). The season will run 10 weeks, plus playoffs.

ELIGIBILITY: Teams are composed of participants' 14 years of age or older. Anyone on a high school or college roster is not eligible.

Priority: Teams from the previous season (FALL & WINTER) with:

- A. Returning this season's roster by the roster return deadline
- B. Payment of league fees is guaranteed a spot in the same division.

(Staff considering the teams estimated ability determines the placement in each league.) If the team name has changed, please note that on the roster. Additional teams accepted on a first come-first serve basis.

UNIFORM:

Players should wear athletic shorts/pants, shirts, and tennis shoes. For the protection and safety of all the participants, wearing jewelry is not recommended.

WHAT TO BRING:

Players are encouraged to bring a water bottle for safe hydration. Belleville Parks & Recreation will provide game volleyballs and game equipment. Players must provide their own practice volleyballs.

ROSTER INFORMATION

Return Deadline: **Thursday, December 19, 2019**

Changes Deadline: 4:30 P.M., the day after the third match, is played.

Minimum and Maximum: 10 and 16

ROSTER CHANGES:

Any roster changes made between the organizational meeting date and the roster change deadline may be made in person at the Belleville Parks and Recreation Department Office, by telephone, by mail, or FAX: 233-1449. There is a mailbox located in the northwest corner outside our new office building, 510 West Main Street, for your convenience.

After the roster change deadline players may be replaced for any of the following reasons:

(A) DEATH

(B) MEDICAL - injury, pregnancy or illness, and the player will be out for the rest of the season; **THIS REQUIRES A WRITTEN STATEMENT FROM A DOCTOR.**

A written statement must be received at the Belleville Parks and Recreation Department Office before a new player can be added to the roster. A player who has been replaced may not play on another team in that activity that season.

Any team with a participant under 18 years of age who does not have a participation permit on file with this Department, or has a participant, who is not listed on the roster, will cause a forfeit to be declared if proof of such violation is presented to the Manager of Operations within 24 hours after the offense is discovered.

PLAYERS MAY PARTICIPATE IN DIFFERENT PARKS AND RECREATION DEPARTMENT LEAGUES; however, a player may not be on more than one roster in the same league or will cause his/her team to forfeit all games in which she played. **PLAYERS MUST HAVE A PHOTO ID AT ALL GAMES, IN CASE THE ROSTER IS CHECKED.**

OTHER ROSTER REGULATIONS:

Players under 18 years of age must complete and submit a participation permit signed by a parent or legal guardian. Falsification of a permit will result in that player(s) suspension from league play for the remainder of the season, and that team will forfeit all games in which he/she has played.

The referee will have a copy of all rosters after the roster change deadline has passed.

In the opinion of the City Attorney, it is the best interest of a pregnant woman and her unborn to not actively participate in volleyball games.

Any player participating in league play must be listed on the team's roster. Rosters, roster changes, and participation permits cannot be accepted by the referee.

It is not necessary for each player to personally sign the roster (as long as the name is on the roster) if the coach or manager agrees to inform the player of the insurance waiver clause as stated on the roster. **PLAYERS PARTICIPATE AT THEIR OWN RISK.** The possibility of injury is inherent in any athletic activity, and it is strongly recommended that each player has adequate personal accident insurance coverage.

GAME INFORMATION

WOMEN'S Recreational Leagues only:

- **"Eight Person VS. Six Person" Team:** *A game is played being either an "eight (8) person" team or a "six-person" team. You must notify the referee at the beginning of each game if your team will be playing as an eight or six-person team and not change throughout that game. If playing with a short team, a late-arriving player may rotate in when it is her team's turn to serve. A team playing as an eight or six-person team may start or continue with four players. Less than four players constitute a forfeit.*

CO-REC Leagues only:

- The game is played by two team's consisting of six (6) players per team. If playing with a short team, a late arriving player may rotate in when it is their team's turn to serve. However, teams may play with four (4) players. Less than four (4) players constitute a forfeit. NEVER MORE MEN ON THE COURT THAN WOMEN. The ratio of men and women may be:

three men and three women
two men and four women
two men and three women
two men and two women
one man and five women
one man and four women
one man and three women

- The lineup does not have to alternate male and female.
- **SPIKING** - play in which the ball is hit forcibly into the opponent's court from above the top of the net, **either with or without feet on the ground.** A floor shot with **an arc** over the top of the net is permitted.

THERE WILL BE NO SPIKING BY MALE PLAYERS. If the foul is committed by the receiving team, the serving team receives one point. If committed to the serving team, no point is scored, and a side out is called. Any male player who fouls by "deliberately spiking with the intent of injuring an opponent" will be ejected from that match and the next scheduled match.

WOMEN'S and CO-REC Recreational leagues:

Matches will consist of 3 games; All 3 games will be played to 25 (no cap; win by 2)

NEW RULE STARTED WINTER 2019; WE WILL NO LONGER HAVE TIMED GAMES.

- RALLY POINT SCORING:
Rally Scoring, - points are awarded for each play, regardless which team serves.
- USE OF FOOT DURING A VOLLEYBALL GAME:
Due to the volleyball rules that have changed over the years, The Belleville Parks & Recreation leagues will NOW adapt the Official Ruling on this issue to avoid further confusion. We are going to follow the Official Ruling addressed below:

Official Ruling- The following changes in all volleyball rulebooks in the past few years, there is no longer any rule barring contact with the foot in a volleyball game at *any level*. This means it is legal to deflect the ball with your foot, block the ball with your foot, or even kick it to a teammate or the other side of the net. However, after kicking the ball, you are not allowed to make contact with the ball until someone else has touched the ball, just as you are not allowed to hit the ball twice in a row with your hands.

- Each team is permitted two (60 seconds) timeouts per game on the court. Player(s) leaving the court during a timeout must return within 60 seconds (1 timeout) or 120 seconds (2-timeouts) or they will be removed, and the team must play short until they return.

SERVE:

1. "Let Serve" – Acceptable Legal Serve. The "let serve" is a ball that when served, hits the net without touching the net antenna and continues across the net into the opponent's court. The let serve is a playable live ball.
2. The winner of the coin toss has the choice of the first serve or choice of court. The loser of the toss chooses court or serve, whichever choice remains. The loser of the toss has the choice of first serve or court for the second game.
3. The first server of the game is the player in the Right Back position. After that, when a team is awarded a side-out, the player in the Right Front position rotates to the serving area. The ball must be contacted within 5 seconds of the referee's signal to serve. (For a serve before the referee's signal, a replay shall be called.)
4. The serving area is behind the entire end line. A serving area which is 30 feet wide shall be provided and excluding the end line. Each serving area shall be a minimum of 6 feet in depth.
5. A reserve shall be called when the server releases the ball for service, then catches it or drops it to the floor. The referee shall cancel the serve and direct a second and last attempt at serve. The server is allowed a new five seconds for the reserve.
6. All players, except the server, must be inside the court in their regular positions until the ball is served. After the ball is served, players may change position in the court.
7. Recreational Leagues: Players rotate into the game to center back position only, and after server rotates out. Under the free rotation system, a player is not required to rotate out after serving or required to rotate in following a particular order.
8. Stepping on backcourt line during serve (with the ball in possession) is a foot fault.

BLOCKING A SERVE IS NOT ALLOWED in any Belleville Parks and Recreation Department Recreational Leagues.

DURING PLAY:

1. A player may touch the floor across the center line or its out-of-bounds extension with one or both feet as long as a part of the foot/feet remain(s) on or above the center line, and the player does not interfere with the play of an opponent. Contacting the floor across the center line or its out-of-bounds extension with any other part of the body is illegal.
2. A ball may be played out of or off the net provided the player does not touch the net, and the ball has been hit less than three times.
3. A ball striking the ceiling or an overhead obstruction above a playable area shall remain in play provided the ball contacts the ceiling or obstruction on the side of the net extended that is occupied by the team that last played the ball, and the ball is legally played next by the same team. A served ball is a service fault and becomes dead if it touches any part of the ceiling or any obstruction.
4. **Blocking a ball, which is entirely on the opponent's side of the net, is permitted when the opposing team has had an opportunity to complete its attack.**
5. A player may play the ball from in or out of bounds provided that player does not touch or cross the center line or its imaginary extension.

FOULS:

1. A player hits the ball twice in succession. (Exception: If two players hit the ball simultaneously, either player may play the ball next.)
2. The ball momentarily comes to rest in the hands or arms of a player. (Any catching, throwing, tossing,

lifting, carrying or pushing the ball is illegal.)

3. A player touching the net commits a foul. (Exception: If the ball is hit into the net causing contact with an opposing player attempting to block.)
4. No glove on either hand is permitted, nor is using a sleeve for padding while serving. No braces or supports, other than tape, on fingers, hands or forearms. Wristbands are legal.
5. A back line player shall not block or spike on or in front of the spiking line.

LEAGUE STANDINGS:

A team earns one (1) point for a win each game. A match consists of 3 games – 25 rally points per game. League standings are kept in the Handbook. ***If teams are tied after regulation, the game will continue until we declare a winner, first team to go ahead by 2 points, no cap.*** The Belleville Parks & Recreation office will provide information about league standings at: www.teamsideline.com/belleville.

PLAYOFF'S:

Playoff games are scheduled at the end of the season. The top four teams in each league participate in playoffs. **Playoff matches will be played using the Rally point system: The best 2 out of 3 games to 25 points – 3rd game if needed to 15 points. (NO Cap, must win by 2 points)**

PLAYOFF SCHEDULE:

GAME I: 1st Place VS. 4th Place

GAME II: 2nd Place VS. 3rd Place

CHAMPIONSHIP GAME

GAME III: Winner of Game I VS. Winner of Game II

Playoff positions with teams tied in final standings will be determined as follows:

1. Won/Lost record against each other.
2. Total points scored against each other.
3. A flip of a coin.

NO tie breaker matches will be played.

AWARDS: Awards will be given to all teams finishing first and second in the league and first and second in playoffs. Teams will have a choice of awards: trophy, certificates or plaque.

FORFEITS: (Recreational Leagues) Forfeit time is game time, except a ten-minute grace period for the first game in the evening only. Forfeit time for the second game of a match is twenty minutes past the scheduled match time. Any team forfeiting three (3) matches may be dropped from the league. (Two games constitute a match.)

PROTESTS

- The protest may be made concerning eligibility only.
- Protests may be made only at the time your team is playing the team whose player's eligibility is in question.
- ANY PROTEST MADE AFTER THE MATCH IS INVALID.
- Copies of the rosters are in the referee's book after the third match is played.
- ALL players are required to have a photo ID at all matches in case the roster is checked. A legal player who does not have a photo at the match will be considered an illegal player if the player's eligibility is questioned and will cause the team to forfeit.

PROTEST PROCEDURE

1. If you protest a player's eligibility, you may call an uncharged time out to inform the referee of your protest.

Protest requests are limited to one per match.

2. Next, check the roster in the referee's book. (Roster copies are not in the referee's book until after the third match is played.) If the player is not on the roster, continue the match, playing under protest.
3. Bring a written protest to the office within 48 hours (by 4:30 P.M. the second day after the match is played) or sooner. Saturdays, Sundays and holidays are excluded when counting the days. The written protest must contain the name of the team the protest is being filed against, the name of the League, date and time of the match, where the match was played, the name of the referee and name of the player in question, the name of the coach and team filing the protest.
4. The roster in the office will be checked. Roster changes made in the office take a while to get to the game site. It is quite possible that a player can be on the office roster and not be on the copy the referee has at the game site.
5. If the player whose eligibility is questioned is not on the office roster, the game or match will be declared a forfeit if the protesting team lost the game or match.

CONDUCT – ALL LEAGUES

1. A technical foul may be called for intemperate language and obscene gestures. Penalty: A point will be awarded to the other team, and a side out called if the offending team is in possession of the ball.
2. The referees and the Building Monitors have the authority to eject coaches, managers, players or spectators from the court and surrounding area if their behavior is objectionable. (Surrounding area is defined as 100 feet in any direction from the court.)
 - A. If a player, coach, manager, team or spectator is ejected from a match, he/she/they will automatically draw a two (2)-match suspension. The suspension includes the match being played and the next scheduled match. If the misconduct occurs after a match, the suspension is for the next two (2) scheduled matches. The ejected person(s) is also placed on probation for the remainder of the season and if ejected that person(s) again must be reinstated by the Department of Parks and Recreation. The second suspension will draw a minimum four (4)-match suspension to a maximum twelve (12) months suspension.
 - B. When a player, coach, manager, team or spectator is ejected from a match by a referee, he/she/they must leave the court and the gymnasium. Failure of an ejected player, coach, manager, team or spectator to leave will result in his/her/that team forfeiting the match.
 - C. No cursing, swearing, the foul or abusive language will be tolerated. No physical abuse or obscene gestures will be tolerated. Physical violence results in immediate suspension from the league. Reinstatement will be considered for that person or persons only after a personal conference with the Recreation Supervisor and the Superintendent of Recreation.
3. Teams or players who are on probation and are involved in any incident that results in ejection from a match or a forced forfeit due to an infraction of a league rule will be suspended from league play and must be reinstated by the Department of Parks and Recreation. The minimum suspension for a team or player already on probation will be four (4) matches while the maximum will be a twelve (12) month suspension.
4. Any player, coach or spectator ejected from a match must stay out of the gym and building until the suspension is over.
5. A team brawl will result in immediate suspension of either or both teams. Teams removed from the league will forfeit their entry and non-resident fees.
6. Smoking, food, and beverages are not allowed in any facility used by the Belleville Parks and Recreation Department. Any players or coach guilty of bringing an alcoholic beverage or controlled substances to any facility used by the Belleville Parks and Recreation Department will be suspended for the remainder of the season. Any spectator so involved will be ejected for the remainder of the season. If the entire team is

involved, it will be suspended for the season, and the team fee will be forfeited. This applies to any facility used by the Belleville Parks and Recreation Department.

7. Restrooms must be kept clean and orderly.
8. Regulations may be added or changed at the discretion of the Parks and Recreation Department.

WEATHER CONCERNS:

In the case of inclement weather, you may call the recorded game cancellation information line at:
618-233-7275 (PARK.)

HAVE A GREAT SEASON AND ABOVE ALL, HAVE FUN!

WOMEN'S RECREATIONAL VOLLEYBALL

WINTER 2020

ESTIMATED ABILITY: BELLEVILLE PARKS AND RECREATION DEPARTMENT
(CIRCLE) 510 W. MAIN STREET
LOW 1 2 3 4 5 6 HIGH BELLEVILLE, IL 62220-1509

INDICATE:
1st or 2nd Choice

233-1416 / FAX: 233-1449
www.belleville.net or www.teamsideline.com/belleville

____ **MON.** ____ **WED.**

CANCELLATION INFORMATION: 233- 6397(NEWS)

TEAM NAME: _____ DAY/TIME RETURNED: _____

COACH: _____ ADDRESS: _____ ZIP: _____

EMAIL: _____ PHONE NUMBER: _____

ALTERNATE: _____ ADDRESS: _____ ZIP: _____

EMAIL: _____ PHONE NUMBER: _____

By signing this roster as the team coach, I agree that I will inform my players that by having their name on this roster they release and discharge from and waive any and all claims against the Belleville Parks and Recreation Department, which might arise from any injury they may sustain while participating in this activity. **PLAYERS MAY PARTICIPATE IN DIFFERENT LEAGUES, BUT MAY NOT BE ON MORE THAN ONE ROSTER IN THE SAME LEAGUE WITH THE BELLEVILLE PARKS AND RECREATION DEPARTMENT.**

PLAYER NAME	HOME ADDRESS (Include Zip)	PHONE	BIRTH DATE
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ROSTER MINIMUM 10 ROSTER MAXIMUM 16

ROSTER RETURN DEADLINE: SUBMIT TO MAIN OFFICE PRIOR TO YOUR FIRST GAME. ANY ADDITIONAL CHANGES MUST BE MADE BEFORE 4:30p.m. THE DAY AFTER YOUR THIRD MATCH IS PLAYED.

ENTRY FEE: \$225.00 LEAGUE FEE

ALL PLAYERS PARTICIPATE AT THEIR OWN RISK.

CO-RECREATIONAL VOLLEYBALL

WINTER 2020

ESTIMATED ABILITY: BELLEVILLE PARKS AND RECREATION DEPARTMENT
(CIRCLE) 510 W. MAIN STREET
LOW 1 2 3 4 5 6 HIGH BELLEVILLE, IL 62220-1509
233-1416 / FAX: 233-1449

_____ THURS.

www.belleville.net or www.teamsideline.com/belleville

CANCELLATION INFORMATION: 233- 6397(NEWS)

TEAM NAME: _____ DAY/TIME RETURNED: _____

COACH: _____ ADDRESS: _____ ZIP: _____

EMAIL: _____ PHONE NUMBER: _____

ALTERNATE: _____ ADDRESS: _____ ZIP: _____

EMAIL: _____ PHONE NUMBER: _____

By signing this roster as the team coach, I agree that I will inform my players that by having their name on this roster they release and discharge from and waive any and all claims against the Belleville Parks and Recreation Department, which might arise from any injury they may sustain while participating in this activity. **PLAYERS MAY PARTICIPATE IN DIFFERENT LEAGUES, BUT MAY NOT BE ON MORE THAN ONE ROSTER IN THE SAME LEAGUE WITH THE BELLEVILLE PARKS AND RECREATION DEPARTMENT.**

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